

## THYROID PROBLEMS AND THEIR TREATMENT

**Thyroid** is a small gland located just below the Adam's apple. The thyroid gland produces hormones that affect the body's metabolism and energy level. Thyroid problems are among the most common medical conditions but, because their symptoms often appear gradually, they are commonly misdiagnosed.

The two most common thyroid problems are Hypothyroidism (*underactive thyroid*), and Hyperthyroidism (*overactive thyroid*). The third type of thyroid problem relates to **thyroid nodules**.

The most common cause of hypothyroidism is *Hashimoto's thyroiditis*. In this condition, the body's immune system mistakenly attacks the thyroid gland, while for hyperthyroidism the most common cause is *Graves' disease* which occurs when the body's immune system overstimulates the thyroid.

### Common symptoms of hypothyroidism are:

- Fatigue or lack of energy
- Weight gain
- Feeling cold
- Dry skin and hair
- Heavy menstrual periods
- Constipation
- Slowed thinking

### Common symptoms of hyperthyroidism are:

- Jitteriness, shaking, increased nervousness, irritability
- Rapid heartbeats or palpitations
- Feeling hot
- Weight loss
- Fatigue
- More frequent bowel movements
- Shorter or lighter menstrual periods

**DIAGNOSIS :** Patients with hypothyroidism due to Hashimoto's thyroiditis have an elevated level of serum TSH (thyroid stimulating hormone).

In addition to symptoms of hyperthyroidism, some patients with Graves' disease develop eye symptoms such as a stare, eye irritation, bulging of the eyes and, occasionally, double vision or loss of vision. The diagnosis is best made by finding an elevated level of Free T4 and low level of TSH in the blood.

### The third type of thyroid problem—nodules

Thyroid nodules are fairly common and usually harmless. However, about 4% of nodules are cancerous, so further testing needs to be done.

Treatment of hypothyroidism under the Banerji Protocol:

*Under the Banerji Protocol, the treatment of Hypothyroidism is with the objective to reactivate the function of the thyroid gland. In this treatment, we do not supplement the thyroxin production by giving it by mouth. There are specific medicines which are given, so that the thyroid glands can start working again.*

*Treatment : Bromium 6 – two times a day, Thyroidinum 200 – two times a week*

## SEMINARS/CONFERENCES IN 2009

1. Drs. Prasanta and Pratip Banerji have been invited for a poster presentation on brain tumours by the Asian Society of Neuro Oncology.

Event: ASNO, The Sixth Meeting will be a joint meeting with the 3rd Quadrantal Meeting of the World Federation of Neuro-Oncology

Venue : Yokohama, Japan,

Date : May 11-14, 2009

2. Drs. Banerji will be visiting Japan again in the month of July, 2009 for a teaching seminar. Their subject will be **Banerji Protocol and the changes in homeopathy practice.**

Event: The invitation is from Dr Torako Yui, the President of the Japanese Homoeopathic Medical Association and the Principal of the Japan Royal Academy of Homoeopathy.

Venue : Japan

Date : July 18 – 20, 2009

3. Teaching Seminar

Venue : Madrid, Spain

Topic : Banerji Protocol

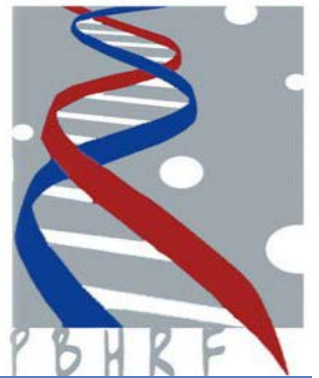
Month : October, 2009; dates not yet known

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# PBHRF NEWS



## About the Foundation

The Prasanta Banerji Homoeopathic Research Foundation (PBHRF) was set up in Kolkata in 1992 as a trust with a view to undertake efforts in every possible way to establish homeopathy as a scientific and effective mode of medical treatment. Since 2003, PBHRF has operated as a scientific and research organisation (SIRO) accredited by the Department of Scientific and Industrial Research (DSIR), Government of India.

This being so, an important sphere of PBHRF's activities is research on homeopathy. Since its inception, PBHRF has been engaged in collaborative research on various aspects of homeopathic treatment with institutes of international renown.

The second important sphere of PBHRF's operations has been to help establish homeopathy as a 'mode of medical treatment for the masses' – mainly by developing awareness and extending homeopathic treatment facilities to underprivileged patients who are unable to bear the high costs of conventional medical treatment.



Patients at the PBHRF clinic in Kolkata

## DRS PRASANTA AND PRATIP BANERJI OF PBHRF VISIT SPAIN

During their eleven-day tour of Spain recently, Drs. Prasanta and Pratip Banerji first visited Madrid where they had an important meeting with Dr. Gualberto Diaz, Medical Director, and researchers of Boiron Laboratories on October 30, 2008. They discussed possibilities of undertaking laboratory studies based on the Banerji Protocol at the Boiron Laboratories, specifically for prostatic carcinoma to begin with, and also of setting up the infrastructure necessary for such studies in Spain – in the same way they were being conducted at some well-known institutes in the USA. The Boiron officials also expressed their keenness to know about the various dilutions of homeopathic medicines prescribed by Drs. Banerji under their Protocol, and not by other homeopaths following classical homeopathy.



Drs. Banerji in Valladolid in Spain

Drs. Banerji next visited Valladolid between October 30 and November 2, 2008. Here, they addressed more than 200 homeopaths keen to know about and learn the Banerji Protocol at a three-day educational seminar comprising four sessions at the Facultad de Medicina de Valladolid. This seminar was organised by Dr. Dolores Tremino San Emeterio, President of Sociedad Espanola de Medicina Homeopatica of Valladolid.



**Drs. Banerji presenting interesting cases at a teaching seminar in Valladolid, Spain**

Beginning with presentations on homeopathy itself, and the outstanding contributions of its founder Samuel Hahnemann to medical science, Drs. Banerji presented some interesting case studies – many of them relating to the successful treatment of various ‘incurable diseases’ by homeopathy.

The homeopaths who attended the seminar heard Drs. Banerji’s presentations with the greatest possible enthusiasm and eagerness to know about the Banerji Protocol. As Drs. Banerji actually mentioned the names of the specific homeopathic medicines they prescribed for various diseases, the seminar participants could not have been more satisfied... and this found expression in the 15-minute standing ovation they gave Drs. Banerji at the end of the seminar !

During their five-day stay in Barcelona, Drs. Banerji saw patients between November 2 and 4 at the clinic of Dr. Montserrat Assens Mampel and Dr. Natalia Eres who had both visited PBHRF in Kolkata earlier last year. They were consulted separately by a number of patients with different types of cancer, some of them already under the Banerji Protocol of homeopathic treatment. Drs. Banerji also met Dr. Pilar Lianes, Chief of Oncology, Hospital Mataro, and explored possibilities of conducting clinical studies on different types of cancer.

In Barcelona, Drs. Banerji next attended a two-day educational seminar organised by the Academia Medico Homeopatica de Barcelona at the Colegio Oficial de Medicos de Barcelona COMB (Medical Association), on November 5 and 6. This seminar was attended by the presidents of three major homeopathic associations of Spain, homeopaths



**Drs. Banerji with the presidents of three major homeopathic associations and doctors in Madrid, Spain**

and patients. Drs. Banerji’s presentations were similar in content to those made by them in Valladolid, and generated great interest among the participants.

On November 7 and 8, Drs. Banerji addressed a well-attended a two-day seminar organised by Dr. Concha Arguelles Prendes, the President of the Sociedad Canaria de Homeopatia, at the Colegio Oficial Medicos de Santa Cruz de Tenerife. The seminar participants were homeopaths who, like their fellow practitioners in Valladolid and Barcelona earlier, greatly appreciated Drs. Banerji’s willingness to share their experiences and knowledge about the Banerji Protocol. On November 9, Drs. Banerji examined about 30 patients who had sought their advice on various diseases and ailments.



**Representatives of a television channel interview Drs. Banerji in Tenerife, Spain**

## **DOCUMENTARY FILM ON DR. PRASANTA BANERJI**

A documentary film on Dr. Prasanta Banerji is now being made. Spanish documentary filmmakers Madrid-based Jose Luis Galan Corrochano and Julieta Perez Dendariena were recently in Kolkata on this assignment. During their visit, they spent a considerable amount of time in interviewing Dr. Banerji, and shooting his treatment of patients at his chamber in Elgin Road, Kolkata, and also at Ashutosh Mukherjee Road where he had commenced his practice in the city more than 50 years back. They also visited Mihijam in Bihar where Dr. Banerji had spent his early years, and received his training and guidance from his late father, Dr. Pareshnath Banerji.



**Spanish documentary filmmakers Jose Luis Galan Corrochano and Julieta Perez at work**



Jose Luis Galan Corrochano and Julieta Perez Dendariena have been independent screenwriters and documentary filmmakers in Spain since 2004. The films they have completed include *El Hilo Rojo de la Historia y la Memoria*, *Mas Alla de la Cumbre* (on music), *Victimas del Franquismo*, *historia, memoria, homenaje* and *Bienvenidos a Salzedella* (on tourism). The documentary films they are now making include *La luz de los invisibles*, *Resistentes* (a trilogy subsidised by the Ministry of Presidency, Spanish Government.) *La Tierra Limpia*, *La Alfombra de Piedra*, *Porrazos y Pelotazos* and *El Protocolo Banerji*.

Julieta Perez Dendariena comes from a background in dance. After a seven-year career in classical ballet at the Royal School of Music and Dance, she has been a dancer in the National Ballet of Spain, and also a teacher. She has completed a course in anatomy applicable to dance at the Medical University of Zaragoza, and also a degree in nursing. She holds a higher bachelor degree, and has completed two courses in English at the Official School of Languages, Madrid.



**The Spanish documentary filmmakers having a word with Dr. Prasanta Banerji and Dr. Pratip Banerji**

Jose Luis Galan Corrochano’s education covers industrial photography, ophthalmic optics, advertising creativity, digital autoediting, audiovisual and multimedia editing. After a stint in ophthalmic optics, he has directed musical radio programmes, been the screenwriter of a project on the history of optics, headed the publicity department of a large corporation, been the director of an advertising company, and also a creative advertising consultant.

Julieta Perez Dendariena is the councilor of a municipality in Madrid.